

7 Habits Parent Resources

Westwood Elementary School is proud to be a Leader in Me school, but what does that mean? Have you ever heard of the **7 Habits of Highly Effective People** by Stephen Covey? The Leader in Me is the process of taking those habits and integrating them into the school culture to support the students in becoming confident, responsible, self-disciplined people.

Parents are vitally important in the Leader in Me process. We invite families to learn about and incorporate the Habits at home as well, so we can all speak the same language and successfully incorporate these great concepts! Our hope is by creating a common language and expectation both at school and home, each child will have greater understanding of what these habits are and how they apply to their lives.

A great place for resources that parents and families can utilize is the **Leader in Me** website. In addition, we have provided a list of books below that reinforce each of the 7 Habits.

Parent Reading

The Leader in Me by Stephen R. Covey

The 7 Habits of Highly Effective Teens by Sean Covey

The 7 Habits of Highly Effective People by Stephen R. Covey

Living the 7 Habits by Stephen R. Covey

The 7 Habits of Highly Effective Families by Stephen R. Covey

Family Reading

The 7 Habits of Happy Kids by Stephen R. Covey

Books for Kindergarten, 1st, & 2nd

Habits

Bernstein Bears & the Bad Habit by Stan and Jan Bernstein

Bernstein Bears & Too Much Teasing by Stan and Jan Bernstein

Bread & Jam for Francis by Russell Hoban

DW, the Picky Eater by Marc Brown

Sam Who Never Forgets by Eve Rice

Paradigms

Frederick by Leo Lionni

Ira Sleeps Over by Bernard Waber

Smoky Night by Eve Bunting

Strega Nona by Tomie de Paola

Habit 1: Be Proactive

Amazing Grace by Mary Hoffman

King Bidgood's in the Bathtub by Audrey Wood

The Carrot Seed by Ruth Krauss

The Little Engine That Could by Watty Piper

The Very Lonely Firefly by Eric Carle

Habit 2: Begin With the End in Mind

Click, Clack, Cows that Moo by Doreen Cronin

Galimoto by Karen Lynn Williams

Pancakes, Pancakes by Eric Carle

The Very Busy Spider by Eric Carle

Whistle for Willie by Ezra Jack Keats

Habit 3: Put First Things First

Alejandro's Gift by Richard E. Albert

Froggy Gets Dressed by Jonathan London

Jamaica's Find by Juanita Havill

The Little Red Hen by Paul Galdone

The Very Hungry Caterpillar by Eric Carle

Habit 4: Think Win-Win

Alexander and the Wind-Up Mouse by Leo Lionni

Let's Be Enemies by Janice May Udry

The Doorbell Rang by Pat Hutchins

The Rainbow Fish by Marcus Pfister

The Very Clumsy Click Beetle by Eric Carle

Habit 5: Seek First to Understand, Then to Be Understood

Are You My Mother? by PD Eastman

Is Your Mama a Llama? by Deborah Guarino

Stellaluna by Janell Cannon

The Runaway Bunny by Margaret Wise Brown

The True Story of the Three Little Pigs by Jon Scieszka

Habit 6: Synergize

A Chair for My Mother by Vera B. Williams

Clifford's Spring Clean-Up by Norman Bridwell

How the 2nd Grade Got \$8205.50 to Visit the Statue of Liberty by Nathan Zimelman

Ox-Cart Man by Donald Hall *Swimmy* by Leo Lionni

Habit 7: Sharpen the Saw

Don't Let the Pigeon Stay Up Late! by Mo Willems

Henry Hikes to Fitchburg by d. B. Johnson

Me I Am! by Jack Prelutsky *Owl Moon* by Jane Yolen

The Snowy Day by Ezra Jack Keats

Books for 3rd, 4th, & 5th

Habit 1: Be Proactive

Jeremy Thatcher, Dragon Hatcher by Bruce Coville

On My Honor by Marion Bauer

Salt in His Shoes, Michael Jordan: In Pursuit of a Dream by Deloris Jordan

Someday a Tree by Eve Bunting

The Real McCoy: The Life of an African-American Inventor by Wendy Towle

Habit 2: Begin With the End in Mind

Bobby Baseball by Robert Kimmel Smith

Eddie, the Incorporated by Phyllis Naylor

Lucy Mastermind by Alan Feldman

The School Story by Andrew Clements

Where Do You Think You're Going, Christopher Columbus? by Jean Fritz

Habit 3: Put First Things First

Esperanza Rising by Pam Munoz Ryan

Irving Black's Strange Snack by Roz Rosenbluth

Justin & the Best Biscuits in the World by Mildred Pitts Walter

The TV Kid by Betsy Byars

The Week Mom Unplugged the TVs by Terry Wolfe Phelan

Habit 4: Think Win-Win

Dragon Stew by Tom McGowen

Hiawatha, Messenger of Peace by Dennis Brindell Fradin

Law of the Great Peace by John Bierhart

The Butter Battle Book by Dr. Seuss

The Checker Players by Alan Venable

Habit 5: Seek First to Understand, Then to Be Understood

Marrying Malcolm Murgatroyd by Mame Farrell

Rules by Cynthia Lord

The Bully of Barkham Street by Leonard Shortall

Veronica Knows Best by Nancy Robinson

Witch of Blackbird Pond by Elizabeth George Speare

Habit 6: Synergize

A Wrinkle in Time by Madeline L'engle

Chicken Sunday by Patricia Polacco

Ruby Holler by Sharon Creech

The Chalk Box Kid by Clyde Robert Bulla

The View from Saturday by E.L. Konigsburg

Habit 7: Sharpen the Saw

A Light in the Attic by Shel Silverstein

The Mysteries of Harris Burdick by Chris Van Allsburg

The New Kid on the Block by Jack Prelutsky

Uncle Willie and the Soup Kitchen by Dyanne Disalvo Ryan

Wind in the Long Grass: A Collection of Haiku edited by William Higginson